


EWG's 2013

SHOPPER'S GUIDE TO PESTICIDES IN PRODUCE

 Cut along line

EWG'S SHOPPERS GUIDE TO PESTICIDES IN PRODUCE™

DIRTY

2013 DOZEN™ 2013

APPLES	NECTARINES
CELERY	IMPORTED
CHERRY	PEACHES
TOMATOES	POTATOES
CUCUMBERS	SPINACH
GRAPES	STRAWBERRIES
HOT PEPPERS	SWEET BELL PEPPERS

PLUS

COLLARDS & KALE*

SUMMER SQUASH & ZUCCHINI*

*PESTICIDES OF SPECIAL CONCERN



EWG'S SHOPPERS GUIDE TO PESTICIDES IN PRODUCE™

CLEAN

2013 FIFTEEN™ 2013

ASPARAGUS	ONIONS
AVOCADO	PAPAYAS
CABBAGE	PINEAPPLES
CANTALOUPE	SWEET PEAS FROZEN
CORN	SWEET POTATOES
EGGPLANT	
GRAPEFRUIT	
KIWI	
MANGOS	
MUSHROOMS	

QUESTIONS ABOUT PESTICIDES IN PRODUCE? VISIT US AT FOODNEWS.ORG



Instructions:

1. Cut along outside line.
2. Fold along middle line.



Dr. Jaspreet Mundair, ND
 p: 925.937.EBNM (3266)
 3100 Oak Road, Ste 120
 Walnut Creek, CA 94597
ebnaturalmedicine.com

EAST BAY NATURAL MEDICINE

Fold together

